



Anchor Psychotherapy, Inc.

EARLY BIRD
PRICING
AVAILABLE

ANCHOR PSYCHOTHERAPY, Inc. Presents:

When There Are No Words: An introduction to the neurobiology of trauma.

Date: May 9, 2020

Location: Hyatt Place Pasadena, Conference Room 1
399 E. Green Street, Pasadena, California 91101

8:30 am – 9:00 am – Networking & Registration
10:00 am – 4:00 pm – CEU Speaker Presentation
* 12pm – 1pm lunch (*on your own*)

This course meets the qualifications for **6 hours** of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. CEU completion certifications will be awarded after participants complete the course evaluation at the end of the speaker's presentation. CAMFT Provider Approval Number: 92692. APA CESA application currently under review.



Presented by:
Bren Michelle Chasse, LMFT

Ms. Chasse is the founder of Anchor Psychotherapy, Inc. and is a leading trauma expert in Pasadena, California. Ms. Chasse is an expert in the experience of psychological trauma. She is EMDR-Certified and an EMDRIA Approved Consultant, and has trained at a master level in Attachment-Focused EMDR and Ego States ("parts work").

Ms. Chasse is devoted to expanding the knowledge base for trauma within the field of psychology. Ms. Chasse is committed to supporting all mental health providers in increasing their ability to support their client's capacity to heal from trauma.

COURSE DESCRIPTION: This course provides an introduction to the neurobiology of trauma. More specifically, this course will provide an overview of the role of language and memory storage as they pertain to the neurobiology of trauma. A comprehensive review of *polyvagal theory* will also be provided. This course will explore strategies for working with feelings associated with trauma, when language is insufficient. Further, this course will explore the social construction of victimization, negative cognitions, and attributions of self-blame. This course will provide effective intervention strategies that incorporate resourcing, ego states, and the integration of fragmented traumatized parts of the self into the current adult self.

FOR MORE INFORMATION OR TO REGISTER, PLEASE VISIT:
<https://anchorpsychotherapy.com/workshops/>

PRICING

Early Bird \$175 if purchased by 04/15/2020
Regular pricing is \$200
Pre-Licensed rate is \$150
Limited space available!

Questions or concerns should be directed to Bren Chasse, LMFT at (626) 765-9944 or e-mail at bchasse@anchorpsychotherapy.com.

Learning Objectives

- Participants will be able to identify the role of language, memory storage, and *polyvagal theory* as they pertain to the neurobiology of trauma.
- Participants will be able to differentiate between the role of "thoughts" and "feelings" in trauma processing.
- Participants will be able to identify the 3 types of attributions of blame.
- Participants will be able to identify 3 resourcing strategies.
- Participants will be able to identify the role of ego states in trauma-informed work.
- Participants will be able to identify 2 strategies for integrating fragmented & traumatized parts into the current adult self.