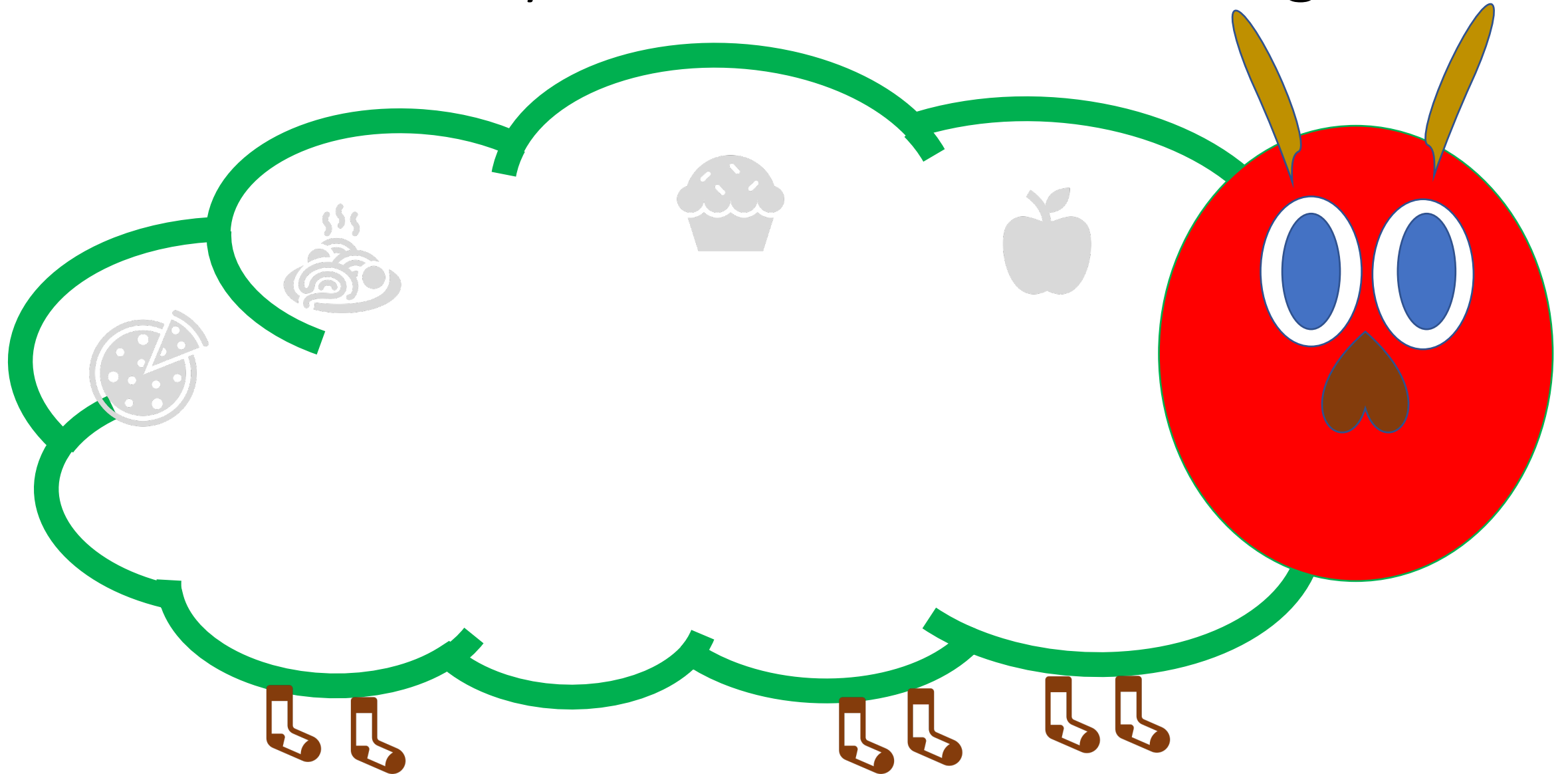


A Hungry Caterpillar's Sneeze Mask

For Head Start
From "Dr. Mark"
4-06-20

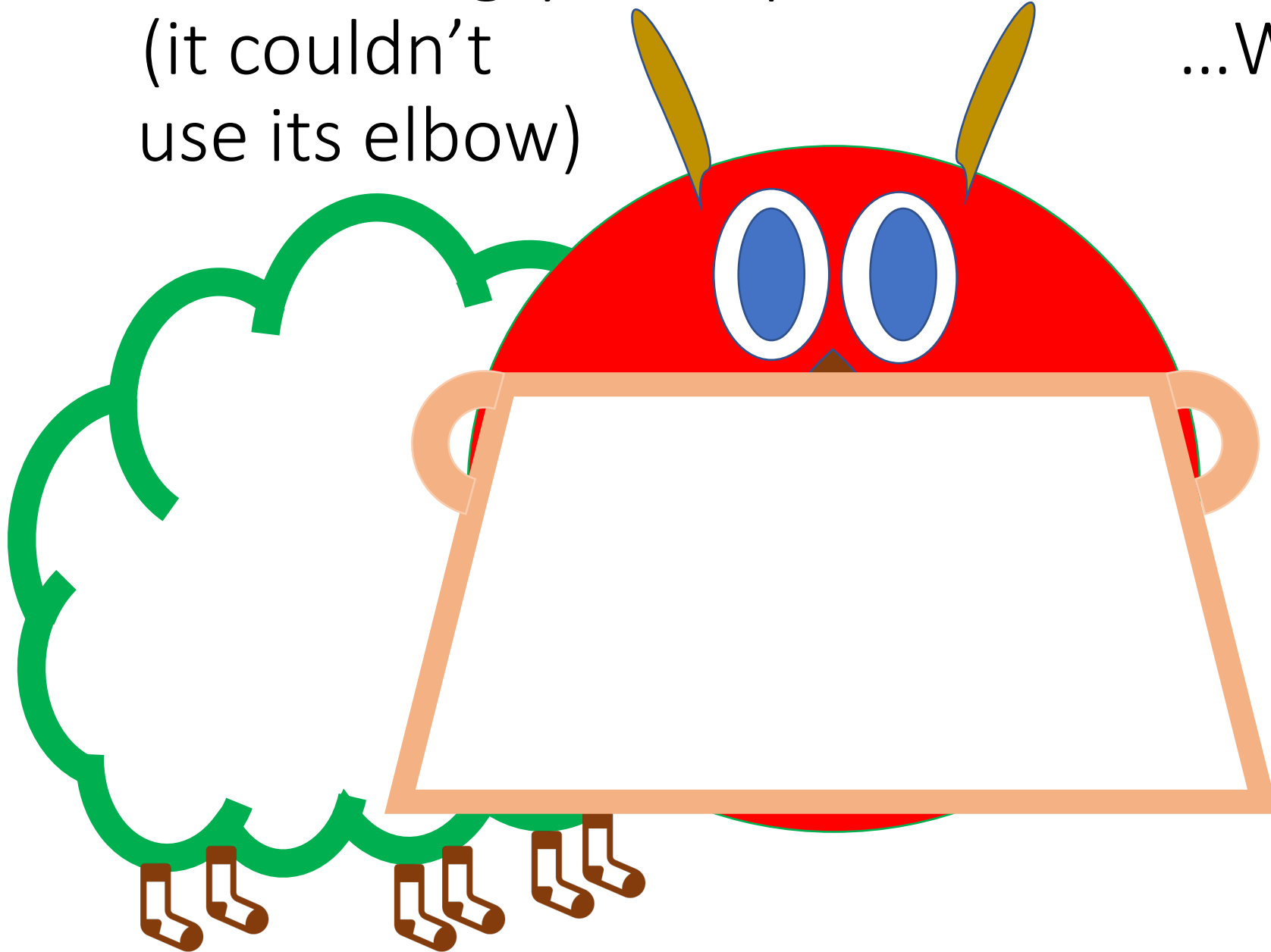
Inspired by "The Very Hungry Caterpillar" by Eric Carle™

If a Hungry Caterpillar were staying home with our family, what would it be eating?



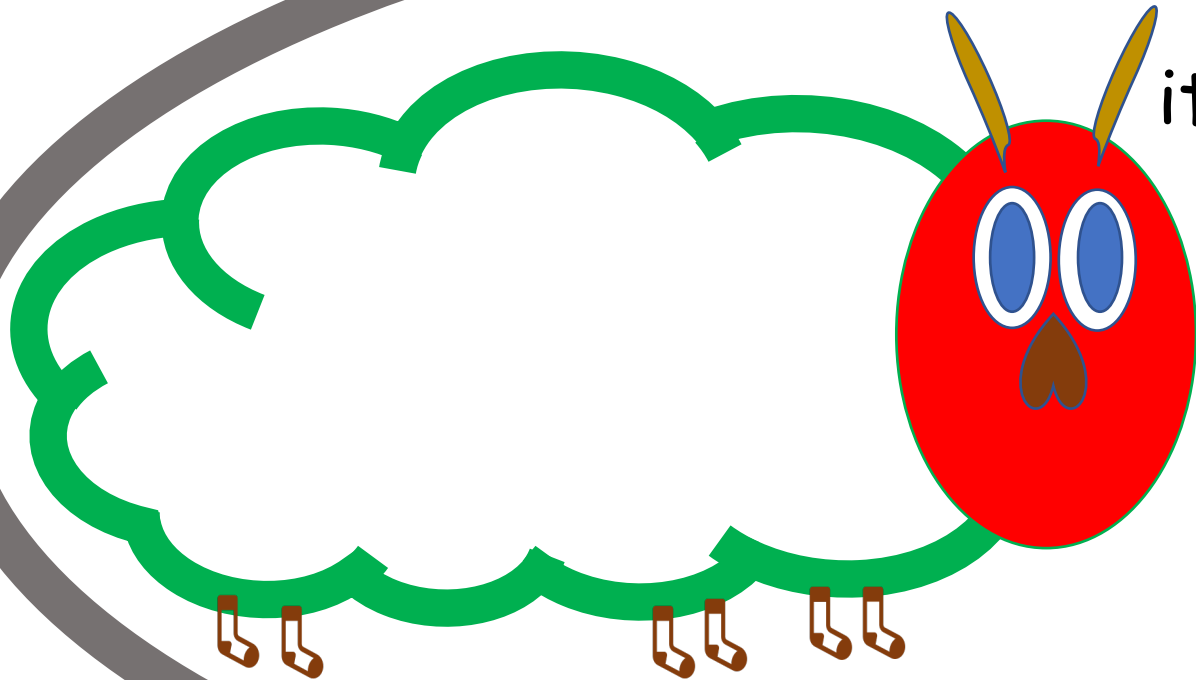
If a Hungry Caterpillar had a Sneeze Mask...
(it couldn't use its elbow)

...What would it look like?



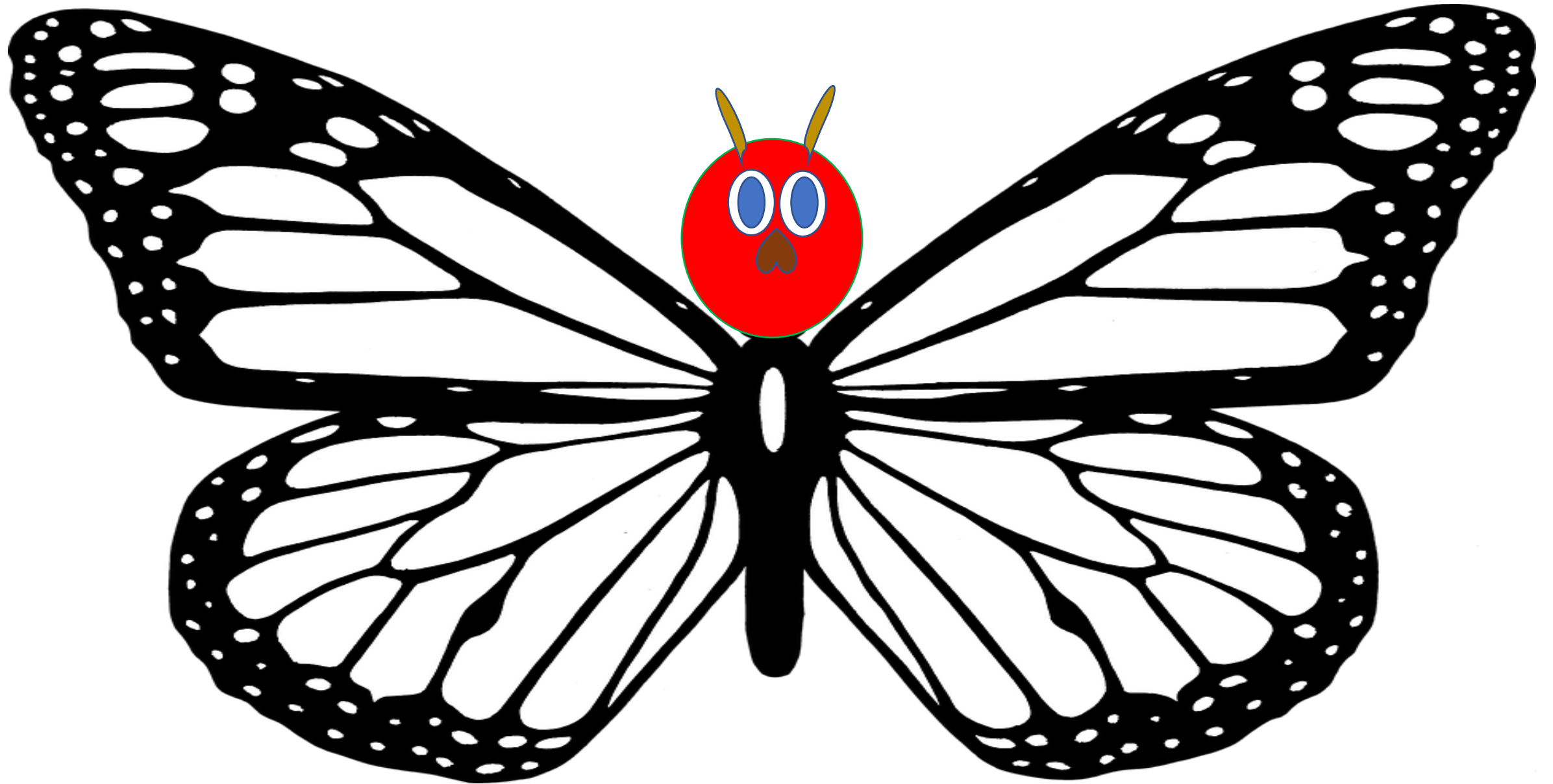
It doesn't want to spread germs

A Hungry Caterpillar hides in a cocoon,
so it won't get eaten by birds.



What do you think
it does in its cocoon?

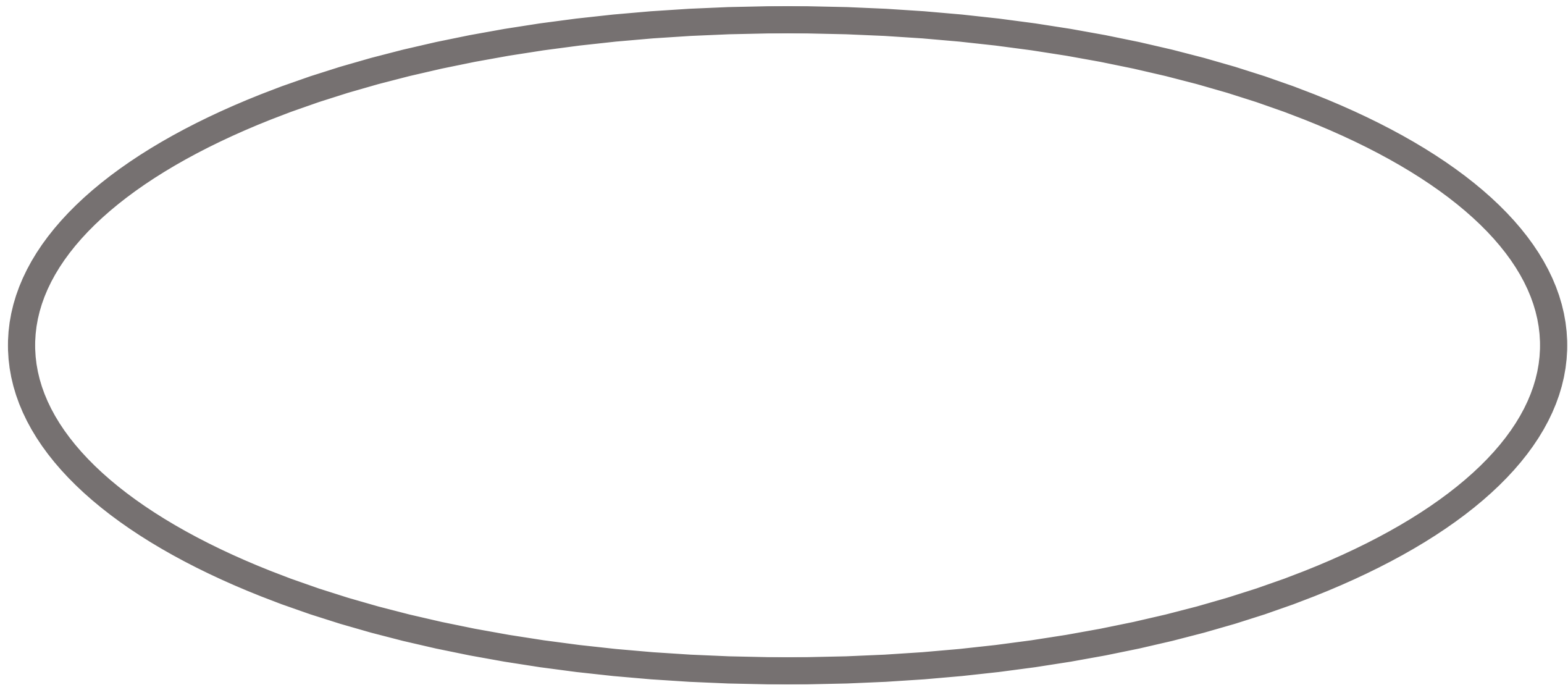
It grows pretty wings and becomes a butterfly!



What could your Sneeze Mask look like?



What does our family do, safe in its cocoon,
so it won't get sick?



When it is safe to come out of our family cocoon, what would you look like if you were a butterfly?



If You're Careful and You Know It.....

If You're Careful and You Know It, Wash your hands. (*wash hands*)

If You're Careful and You Know It, Wash your hands. (")

If You're Careful and You Know It, Then you really ought to show it.

If You're Careful and You Know It, Wash your hands. (")

If You're Careful and You Know It, Stay at home (*hands over head*)

If You're Careful and You Know It, Wear your seatbelt (*hands on tummy*)

If You're Careful and You Know It, Wear your mask (*hands over mouth*)

If You're Careful and You Know It, Wave "hello" (*wave*)