



TEEN GIRLS SEXUAL ABUSE SURVIVORS GROUP

Adolescence is a difficult time for any child; imagine the added complexity when childhood memories are tainted with the horror of unwanted sexual acts having been perpetrated. In a very real way, sexual abuse has the capacity to intrude on every aspect of a young girl's life. It is common for survivors to be left with a wide range of emotions, including feelings of shame, guilt, anger, fear, powerlessness, and feelings of being completely overwhelmed. The experience of sexual abuse can disrupt development and negatively impact nearly every aspect of a young woman's life - including their ability to develop healthy, supportive, and meaningful relationships.

The Teen Sexual Assault Survivors Group is an interpersonal support group designed to provide young women with a safe and supportive environment to explore their experience of sexual trauma and process the impact this trauma may be having on their young lives.



Cost: \$60 per session
32 South Raymond, Suite 2
Pasadena, California 91105
Thursdays 4:00 pm - 5:15pm

Spenser Sussan, AMFT131908 has extensive experience working with adults and children of all ages. Spenser specializes in integrating affirmative, trauma-informed, and somatic therapy into her work.