Women's Sexual Assault Survivors Group

"I understand and I am here to help support your journey forward toward healing."

Jennifer Jenkins, AMFT

The *Women's Sexual Assault Survivors Group* is an interpersonal support group designed to provide you with a safe and supportive environment to explore the trauma you have experienced and process the impact this trauma may be having on your life. It is common for survivors of such catastrophic events to be left with a wide range of emotions, including feelings of shame, guilt, anger, fear, powerlessness, and feelings of being completely overwhelmed. The experience of sexual abuse or assault can disrupt development and profoundly impact our adult lives, including our ability to develop supportive and meaningful relationships with healthy boundaries.

Jennifer Jenkins, AMFT136104 has extensive experience working with adults and children of all ages. Jennifer specializes in integrating affirmative, trauma-informed, and somatic therapy into her work. Jennifer is currently being supervised by Bren M. Chasse, LMFT94662.

If you are interested in participating in the Women's Sexual Assault Survivors Group, please call (626) 765-9944 or visit www.AnchorPsychotherapy.com

Group Held Virtually: Thursdays 7:00 - 8:15pm
Cost: $60 per session

Anchor Psychotherapy, Inc.
32 South Raymond, Suite 2
Pasadena, California 91105